



Embracing Motherhood Empowering Families 2026 Schedule

July 2026-

Monday, July 6th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, July 13th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, July 20th:

5-7pm Session 4: Infant Feeding/Breastfeeding
basics

7-9pm Session 6: Postpartum
Recovery/Interconception Care

August 2026-

Monday, August 3rd:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, August 10th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, August 17th:

5-7pm Session 6: Postpartum
Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding
Basics

September 2026-

Tuesday, September 8th

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, September 14th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, September 21st:

5-7pm Session 4: Infant Feeding/Breastfeeding
basics

7-9pm Session 6: Postpartum
Recovery/Interconception Care

SESSIONS LOCATED AT:

Hutchinson Regional Medical Center
1701 E 23rd Avenue, Hutchinson, KS 67502
Conference Room B and C



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October 2026-

Monday, October 5th:

5-7pm Session 3: Labor and Delivery

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Monday, October 12th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, October 19th:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding
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November 2026-

Monday, November 2nd:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, November 9th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, November 16th:

5-7pm Session 4: Infant Feeding/Breastfeeding
basics

7-9pm Session 6: Postpartum

Recovery/Interconception Care

December 2026-

Monday, December 7th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, December 14th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, December 21st:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding
Basics

Questions:

Reno County Health Department

620-259-8444

Facebook: [@bumtobabyrenocounty](https://www.facebook.com/bumtobabyrenocounty)

For in-depth classroom materials go to:

<http://www.renocountyks.gov/womens-health>

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