



Embracing Motherhood
Empowering Families
2026 Schedule

January 2026-

Monday, January 5th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, January 12th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Tuesday, January 20th:

5-7pm Session 4: Infant Feeding/Breastfeeding basics

7-9pm Session 6: Postpartum Recovery/Interconception Care

February 2026-

Monday, February 2nd

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, February 9th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, February 16th:

5-7pm Session 6: Postpartum Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding Basics

March 2026-

Monday, March 2nd

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, March 9th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, March 16th:

5-7pm Session 4: Infant Feeding/Breastfeeding basics

7-9pm Session 6: Postpartum Recovery/Interconception Care

SESSIONS LOCATED AT:

Hutchinson Regional Medical Center
1701 E 23rd Avenue, Hutchinson, KS 67502
Conference Room B and C



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April 2026-

Monday, April 6th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, April 13th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, April 20th:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding

Basics

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Monday, April 6th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, April 13th:

5-7pm Session 1: Infant Care

7-9pm Session 2: Healthy Nutrition

Monday, April 20th:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding

Basics

May 2026-

Monday, May 4th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, May 11th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, May 18th:

5-7pm Session 4: Infant Feeding/Breastfeeding
basics

7-9pm Session 6: Postpartum
Recovery/Interconception Care

May 2026-

Monday, May 4th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, May 11th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, May 18th:

5-7pm Session 4: Infant Feeding/Breastfeeding
basics

7-9pm Session 6: Postpartum
Recovery/Interconception Care

June 2026-

Monday, June 1st:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, June 8th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, June 15th:

5-7pm Session 6: Postpartum
Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding
Basics

June 2026-

Monday, June 1st:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, June 8th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, June 15th:

5-7pm Session 6: Postpartum
Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding
Basics

Questions:

Reno County Health Department
620-259-8444

Facebook: [@bumptobabyrenocounty](https://www.facebook.com/bumptobabyrenocounty)
For in-depth classroom materials go to:
<http://www.renocoountyks.gov/womens-health>

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