

## **Do's for Visitors**

- Ask Permission: Always ask if the patient is comfortable with a visit.
   Respect their wishes and timing.
- **Practice Hygiene:** Wash or sanitize hands before and after patient interaction. Wear a mask to protect against airborne illnesses.
- Follow Policies: Observe visiting hours, limits, and hospital rules.
   Check in at the nurse's station before entering the room.

- **Stay Brief:** Keep visits short (4–5 minutes) to avoid tiring the patient.
- Offer Thoughtful Gifts: Consider cards, books, or small non-allergenic items instead of flowers or balloons.
- **Silence Devices:** Turn off or silence your phone to minimize disruptions.
- **Be Respectful:** Leave the room during doctor visits and prioritize the patient's comfort.

## When Visiting

- Dress appropriately to represent your faith and the church.
- Be cheerful, positive, and a good listener. Avoid dominating conversations.
- Be sensitive to spiritual needs. Share encouraging scripture or offer to pray if appropriate.





## **Don'ts for Visitors**

- Avoid If Sick: Stay home if you have any symptoms of illness. Send a card or make a call instead.
- Don't Bring Food: Avoid giving food unless you know the patient's dietary restrictions.
- **Skip Strong Scents:** Avoid perfume, cologne, or smoking before visiting. Strong odors can be nauseating.
- Avoid Stressful Topics: Don't bring up conflicts or criticize medical staff or treatments.
- **Don't Overstay:** Respect the patient's need for rest; avoid prolonged visits.
- Refrain from Personal Stories:
   Focus on the patient rather than discussing your own medical history.

## **Spiritual Support**

- Read a short Bible verse (e.g., Psalm 23 or 63).
- Share God's love and faithfulness.
- Offer prayer, but only if welcomed by the patient.

