

Embracing Motherhood Empowering Families 2025 Schedule

BUMP to BABY

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January 2025-

Monday, January 6th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, January 13th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Tuesday, January 21st:

5-7pm Session 4: Infant Feeding/Breastfeeding

basics

<u>7-9pm Session 6:</u> Postpartum

Recovery/Interconception Care

February 2025-

Monday, February 3rd

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, February 10th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, February 17th:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding

Basics

March 2025-

Monday, March 3rd

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, March 10th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, March 17th:

5-7pm Session 4: Infant Feeding/Breastfeeding

basics

7-9pm Session 6: Postpartum

Recovery/Interconception Care

SESSIONS LOCATED AT:

Hutchinson Regional Medical Center 1701 E 23rd Avenue, Hutchinson, KS 67502 Conference Room B and C

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Recovery/Interconception Care

SESSIONS LOCATED AT:

Hutchinson Regional Medical Center 1701 E 23rd Avenue, Hutchinson, KS 67502 Conference Room B and C April 2025-

Monday, April 7th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, April 14th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, April 21st:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding

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May 2025-

Monday, May 5th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, May 12th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, May 19th:

5-7pm Session 4: Infant Feeding/Breastfeeding

basics

<u>7-9pm Session 6:</u> Postpartum

Recovery/Interconception Care

June 2025-

Monday, June 2nd:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, June 9th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 2: Healthy Nutrition

Monday, June 16th:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding

Basics

Questions:

Reno County Health Department 620-259-8444

Facebook: @bumptobabyrenocounty
For in-depth classroom materials go to:

http://www.renocountyks.gov/womens-health

April 2025-

Monday, April 7th:

5-7pm Session 3: Labor and Delivery

7-9pm Session 5: Infant Care

Monday, April 14th:

5-7pm Session 1: Infant Care

7-9pm Session 2: Healthy Nutrition

Monday, April 21st:

5-7pm Session 6: Postpartum

Recovery/Interconception Care

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Monday, May 5th:

5-7pm Session 5: Infant Care

7-9pm Session 3: Labor and Delivery

Monday, May 12th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

Monday, May 19th:

5-7pm Session 4: Infant Feeding/Breastfeeding

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June 2025-

Monday, June 2nd:

5-7pm Session 3: Labor and Delivery

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Monday, June 9th:

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