

Grief Support Groups via Zoom



Grief Support Groups via Zoom Video Conferencing

We want to stay connected with you. Zoom video conferencing allows us to see and hear each other from the comforts of our own home. **INSTRUCTIONS for using Zoom are posted at www.HospiceRenoCounty.com, on our Facebook Page and the back of this sheet.**

We have two weekly Zoom Grief Support groups to choose from:

Mondays @ 1PM

(Meeting ID: 856 5304 7311; Password: 197873 or Phone In: 312-626-6799)

Mondays @ 6:45PM

(Meeting ID: 844 5080 5565; Password: 028950 or Phone In: 312-626-6799)

**Monday night group meets March - May and then September - November except for holidays.

****Contact Chaplain Cindy Dubovich if you would like to do a trial run or have any questions. 620.665.2473.**



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Zoom Instructions

Prior to the Zoom Conference

1. If you choose to use your computer for Zoom it will be faster to enter the conference if you sign-up for Zoom prior to the meeting. Go to <https://zoom.us/signup> and follow the prompts to sign-up and download.
2. You will be given the opportunity to test your audio, click *Text Speaker and Microphone*. Next, click *Automatically join audio by computer when joining a meeting*. Once you have completed these steps you can end your test meeting by selecting end meeting or logging out and closing window.
3. If you choose to use your phone, download the Zoom app prior to your meeting.

To Join a Zoom Conference

1. Login to your zoom acct on your computer or phone app
2. Enter your meeting ID and password when you are prompted to do so. (ID and password)

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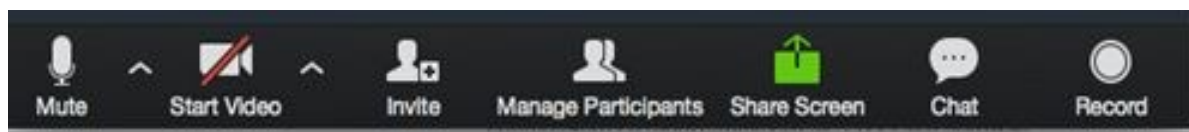
3. Click to join the audio/video conference.

Zoom Controls

Using the icons along the bottom of the screen you can:

Mute/Unmute your microphone – it is standard protocol to mute your microphone to limit background noises.

You can un-mute your device when you have something to share.



Click on the start video button to turn on the camera on your device.

Now, you are ready to ZOOM!

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